

Alton Parks and Recreation: Creating Community Through People, Parks and Programs

ALTON BASKETBALL PROGRAM

2007 REGISTRATION FORM; Grades K-6

\$30.00 Registration Fee, Payable to Town of Alton

Alton Parks and Recreation, P.O. Box 659, Alton, NH 03809

Phone: 875-0109 * Fax- 875-0242 * E-mail: parksrec@alton.nh.gov

Player Information

Player's Last Name _____ First Name _____ Sex _____

Address _____ Youth Shirt Size _____ Grade _____

Please circle team grade: **K 1+2 3+4 5+6** Current Grade Enrolled: _____

Parent or Legal Guardian Information

Mother's Name _____ Home Phone _____ Work/Cell _____

Father's Name _____ Home Phone _____ Work/Cell _____

Person to notify in emergency _____ Telephone _____

Doctor to notify in emergency _____ Telephone _____

WAIVER AND RELEASE OF LIABILITY

Participation in the Basketball Program may involve risk of injury including but not limited to sprains, bruises, torn muscles, broken bones, eye and head injuries. The program also involves traveling to other towns to play games. As a parent or guardian I attest and verify that I have full knowledge of the risks involved and that my child is physically fit to participate in the Basketball Program. I hereby for myself, my heirs, executors and administrators waive and release all rights and claims against the Town of Alton, its officers, agents, employees and volunteers, except in the case of their sole negligence, from all losses, injury, damages, fees and other expenses arising out of or in connection with participation in the Basketball Program. In addition, I give permission for my child to be treated by qualified medical personnel in the event that I can not be reached at the phone numbers provided.

Name _____

Parent or Legal Guardian (Please Print)

X Signature _____ Date _____

Parental Volunteer Support!

Your help is needed to make the program work. Please consider being a volunteer.

Training will be provided to all positions. Even if you do not know anything about basketball but are supportive and patient with children you can help. We will show you how to coordinate a practice, fun drills to play, positioning players for games, and basic basketball skills.

_____ Coach- coordinate practice, demonstrate skills, encourage players

_____ Assistant- demonstrate skills and encourage, motivate and have fun with players

_____ Team Parent- provide snacks at practice, coordinate information to parents

_____ Referee- keep the game moving, call fouls and ball possessions

RECREATION BASKETBALL PROGRAM

Alton Parks and Recreation Creating Community Through People, Parks and Programs

875-0109; Season Schedule: January-February 2007

Alton Central School Gymnasium; PMHS Gymnasium

BENEFITS of recreational play and being on a team:

- **Learning life skills * Exercise * Building stronger minds and bodies**
- **Meet new friends * Developing problem solving skills * Being Happy**
- **Getting off the couch * Family bonding * Making forever memories**
- **Having Fun * Developing Self-Esteem * Laughing * Being a Kid**

Grade K- Co-Ed team- Instructional play with an emphasis on teamwork, drills, skills, moving for exercise and fun- team will play each other and will not play other towns. One 45 minute-60 minute practice a week.

Grade 1+2- Co-Ed team- Instructional play with the following components: drills, shooting, dribbling, positioning and passing. Focus on fun and teamwork. One 60-minute practice a week and a game on Saturdays. Players will travel to Gilmanton, New Durham and possibly Wakefield for games.

Grade 3+4- Boys or Girls- Instructional play with the following components: drills, shooting, dribbling, passing, conditioning, positioning and team scrimmages. Focus on fun and teamwork. One 60 minute practice a week and a game on Saturdays. Players will travel to Gilmanton, New Durham and possibly Wakefield for games.

Grade 5+6 Boys or Girls- Instructional play with the following components: drills, shooting, dribbling, passing, conditioning, positioning and team scrimmages. Focus on fun and teamwork. One 60 minute practice a week and a game on Saturdays. Players will travel to Gilmanton, New Durham and possibly Wakefield for games.

General Information:

To register please fill out the registration form on the opposite side of this paper and return form with payment to Alton Parks and Recreation Department, a 24-hour drop slot is available at A.V.A.S. Public Park or mail to P. O. Box 659, Alton. Registration fee is \$30.00 before November 27, 2006, payable to Town of Alton. After November 27, 2006 fee is \$50.00.

Equipment needed:

Players will need sneakers with tie laces and cotton socks, black shorts, a water bottle and youth basketball. Mouth guards are recommended and safety glasses or glass guards if your child wears glasses. All coaches and parents will be issued a code of ethics document and will be asked to read and administer them throughout the season.